



# Traditional Taekwon-Do

A non-contact Korean martial art that emphasizes hand and foot fighting (punching, kicking, blocking). We teach men, women, and children from ages 8-100+! Our year-round classes stress both mental and physical discipline and incorporates fighting forms, sparring, self-defense and board breaking. Advancement through the ranks is self-paced; promotions are held by Korean Great-Grandmaster Hong Sik Kim in Portland, Oregon.

Come join the fun and gain confidence, build self-esteem, get in shape, learn a martial art, and earn a Black Belt! Classes are ongoing, new students may join the first week of each month.

- Who:** Anyone 8 years to 100+  
**Time:** 6:00 - 7:00 pm  
**When:** Mon. & Thurs. ~ classes are on-going, new students may join the 1<sup>st</sup> week of each month (if interested and would like to watch class, observers are welcome at any scheduled class)  
**Location:** Activity Building (across the street from the Parks and Rec. Office) 25 SW circle Drive, Chehalis  
**Instructors:** 4<sup>th</sup> degree Black Belt Master Nancy Hull  
2nd degree Black Belt Master Chuck Hull  
**Fee:** \$30 per month  
Family rate ~ 1/2 off for additional family members living in the same household



--Registration and payment should be brought or sent to--  
City of Chehalis  
1321 S Market Blvd.  
Chehalis, WA 98532



## Registration Form for 2009 Spring/Summer Taekwon-Do:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Month: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

I am fully aware of the special dangers and risks inherent in the activity, including physical injury, death, or other consequences that may arise or result directly or indirectly from the activity. In the event of a serious injury and we are unable to contact a parent or guardian the supervisory staff will seek emergency medical assistance. Being fully informed as to these risks and in consideration of the privilege of participating in the above-described activity, I hereby assume all risk of injury, damage and liability and waive any right of recovery from or to bring suit against the City, Chehalis School District or Kim's Traditional Taekwon-Do for any personal injury, death, or other consequences arising out of my voluntary participation in the activity, except for the sole negligence of the City.

I certify that I am the parent or legal guardian of the participant named above; that I have read and understood the foregoing release; and that I join in the release without reservation, granting full consent and authorization for the above-named person to participate in the activity.

Parent/Guardian Printed Name \_\_\_\_\_ Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

The Chehalis School District does not sponsor this event and the District assumes no responsibility for it. In consideration of the privilege to distribute materials, the local school district shall be held harmless from any cause of action filed in any court or administrative tribunal arising out of distribution of these materials, including costs, attorney's fees and judgment awards.

Refund Policy: No refund except for program cancellation.

Mail in registration form: Please provide a self-addressed stamped envelope if you want a receipt.

15 (PLU) \$	Amount (PLU)	Taekwon-Do
Date pd	Amt	
Ck#	Cash	